

Coburg Lake Reserve

Exersite upgrade



Merri-bek
City Council

Consultation summary report

Prepared by

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Open Space Design & Development Unit

August 2023

Revision B (final)

Revision A: draft concept plan: August 2023

Revision B: final concept plan issued: September 2023



Coburg Lake Reserve – exersite upgrade

Consultation summary report

August 2023

Council is upgrading the fitness equipment stations (exersite) in Coburg Lake Reserve, Coburg as they are approaching end of life. This report provides a summary of the consultation to date.

1. Background

Council's Open Space Design and Development unit are conducting two consultation phases with the local community for an upgrade of the fitness equipment at Coburg Lake Reserve, these being:

- Draft Concept Plan Consultation

Council has developed a draft concept plan showing the new fitness equipment upgrade and associated furniture and fixtures. This has just closed

- Final Concept Plan Consultation

This final concept plan will reflect changes from the draft concept plan, incorporating the community's feedback where possible. This final concept plan will close the consultation process, prior to the team proceeding to detailed design and procurement.

Consultation timings

Draft concept plan consultation: 25 July – 25 August 2023

Final concept plan issued: September 2023.

For the draft concept plan consultation, postcards will be distributed to households within 0.5 - 1km of the selected location, advising residents that they can provide feedback on Council's website <https://conversations.merri-bek.vic.gov.au/coburg-lake-reserve>. Posters will also be displayed at the selected location, showing the draft concept plan and inviting people's responses.

The final concept plan will be displayed on site (following review of feedback on the draft concept plan) as well as displayed on the Conversations webpage. Thereafter the Open Space Design and Development team can proceed to detailed design and procurement.

2. Draft Concept Plan Consultation Feedback Findings

5 responses were received to the draft concept plan consultation.

A few people asked for cross trainers to be included in the new fitness equipment. One of the proposed units includes a cross trainer and two upright bicycles are included. Another person also asked for equipment for abdominals and hips which we will try to include if possible. A body twist element is already included on the proposed fitness equipment.

One person asked for pull up bars, sit up benches and parallel bars. We will see if it is possible to swap out some elements to include this. The monkey bars shown on the draft concept plan were intended to provide upper body strength but could be swapped out for parallel bars and similar. Body dip bars are also included in the proposed equipment.

One individual asked if the proposed drinking fountain includes a bottle refill and dog drinking bowl. We are planning to include an accessible unit which also has these elements. We are currently considering

whether to also upgrade the existing drinking fountain near the path entry to the reserve in addition to this new drinking fountain.

One person asked if a toilet can be provided. We understand the need for such a facility though this is not part of this fitness equipment upgrade. We will pass this request to the team who are responsible for public toilet provision to see if they can include this in their future works.

3. Final Concept Plan

We have made some adjustments to the proposed equipment, shown on the final concept plan.

We are endeavouring to provide a good range of fitness equipment to fit in the available space, designed to suit a range of ages and abilities, as well as reflecting feedback on the draft concept plan.

Fitness equipment likely to be included (subject to procurement):

- Chest press, pull down, sit up bench
- Cross trainer, upright cycle, body twist, stretch station
- Parallel bars
- Body pull and push up, pull ups and leg raises.

This information is shown on the final concept plan below:

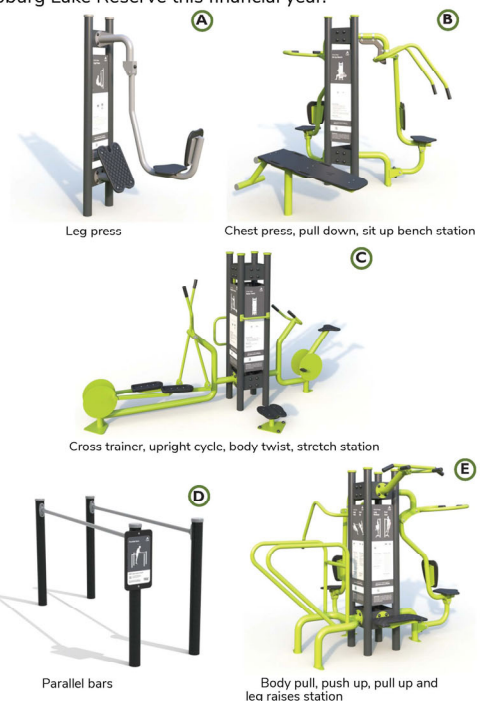
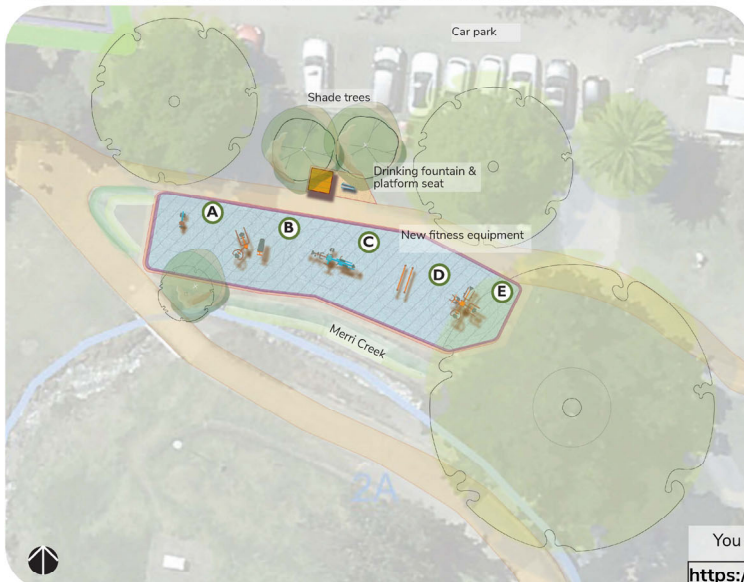
FINAL CONCEPT PLAN

We are upgrading the fitness equipment stations at Coburg Lake Reserve this financial year.

Thanks for your feedback on the draft concept plan. We have included as many of your suggestions as possible and are providing a varied range of fitness equipment. These are likely to be (subject to procurement):

- Leg press (A)
- Chest press, pull down, sit up bench (B)
- Cross trainer, upright cycle, body twist, stretch station (C)
- Parallel bars (D)
- Body pull and push up, pull ups and leg raises (E).

The accessible drinking fountain includes a bottle refill tap and dog bowl. This is next to a platform seat with two new shade trees. All existing trees are being retained and protected from works.



You can view the final plan and consultation summary on:

<https://conversations.merri-bek.vic.gov.au/coburg-lake-reserve>

4. Next Steps

The Open Space Design and Development team have revised the design to a Final Concept Plan, using feedback received from the draft concept plan consultation. This final plan is being displayed to the

community on posters at site and on council's Conversations Merri-bek webpage. This completes the community consultation.

We will now be proceeding to detailed design, procurement and construction. We are aiming to complete the works before February 2024, subject to supplier's lead times.

5. Further information

Any questions can be directed to Council's Open Space Design & Development Unit via email openspace@merri-bek.vic.gov.au or by phoning 9240 111.

6. Appendix

Below are all feedback received from the community for each stage of consultation for the Coburg Lake Reserve exersite and images of the posters and postcards issued.

6a Draft Concept Plan Consultation

Below shows the draft concept plan poster and postcards issued.

Coburg Lake Reserve

Fitness Equipment upgrade



We will be upgrading the fitness equipment stations at Coburg Lake Reserve, Coburg this financial year. Please let us know what you think of this draft concept design.

Have your say at: <https://conversations.merri-bek.vic.gov.au/coburg-lake-reserve>
or phone us on 9240 1111

Feedback closes:
5pm Friday 25 August 2023





For more information contact our Open Space team:

<https://conversations.merri-bek.vic.gov.au/coburg-lake-reserve>

Email: openspace@merri-bek.vic.gov.au
Phone: 9240 1111



Merri-bek Language Link

廣東話	9280 1910	हिंदी	9280 1918
Italiano	9280 1911	普通话	9280 0750
Ελληνικά	9280 1912	ਪੰਜਾਬੀ	9280 0751
عربي	9280 1913		
Türkçe	9280 1914	All other languages	
Tiếng Việt	9280 1915		9280 1919

Figure 1: Postcards issued to households within 0.5-1km radius

6b Draft Concept Plan Consultation Responses

Below shows all feedback received from the community for the Draft Concept Plan consultation.

Date Submitted	Screen Name	Description
18 August 2023	Install gym equipment	To whom it may concern, My name is Chau Tran, I am writing this letter to express my thanks to you for providing the park gym equipment installed in the Coburg lake area. My friends (Tinh La, Thi Nguyen, Binh La) and I have been enjoying the area as it has been so motivating, and we use these everyday to improve our health and well-being. I'm contacting you to provide some positive feedback about this equipment. I have searched for particular park gym equipment similar to the ones in the Coburg Lake, and I haven't had much luck - so these ones are unique! They are also very accessible for all age groups, and we observe lots of regulars using them to keep active. As we are a group of seniors using the ab hip swinger and the cross trainer to improve the balance and enhance our health, we would love to keep this equipment installed in that area. If the council has the budget, we think it could be a great idea to maintain the current ones and install additional equipment in another location, so that more people can access them. Many thanks to Merri-Bek Council for promoting health in the community! Yours sincerely, Chau Tran on behalf of Tinh La, Binh La, Thi Nguyen, Thu Nguyen, Khai La
24 July 2023	Gym, hill and toilet	Hello, Fabulous to see two and a dog using the gym equipment at Coburg lake but I know I'm not the only person who has considered that the equipment would be more utilized if there was a toilet in the vicinity that didn't involve climbing a huge hill or running the gaffney st gauntlet. An holistic approach would be marvellous.
24 July 2023	Consider all adults	I'm sure the rationale for including bodyweight exercise equipment (such as those in the existing park) is strong for older citizens, but I pass this exercise area almost twice daily and mostly see older kids (teens) and pre-retirement adults in this area, there would be a high usage-cost ratio for some pull-up bars, sit-up benches, and parallel bars to be put in place to encourage more vigorous and skill-building exercises across the whole life span. These are all relatively cheaper and yet I'm sure would enjoy much more use as high-school-age to middle-aged citizens could exercise there. I personally would make use of that as part of a jog!
24 July 2023	Care needed in design of the drinking fountain	I can't tell what the design is for the drinking fountain - but I recommend: 1. It will most likely be used for animals as well so can it have a low bowl for dogs to drink 2. Make sure there is drainage away from the ground - so there is not a mud pit under the drinking fountain like many in the area - examples of poorly designed drinking fountain design include: Shore Reserve, Dunstan (north end) 3. Make the water fountain a bottle-fill style rather than (or as well as) a water spout Its amazing how simple a water fountain is but how awful it can be with a poor design. They are getting better I have noticed e.g. Dunstan south end is good and Jones Reserve playground
24 July 2023	Cross trainer for exercise equipment	I did not notice any cross trainers (like for example what you show in the pic for the Glenroy site) in the draft plan for the Coburg North site. There was one among the old equipment. Please include one or two in the new equipment. Cross trainers provide valuable aerobic arm and leg exercise

6c Final Concept Plan

Below shows the final concept plan that will be issued on the Conversations webpage and at site:

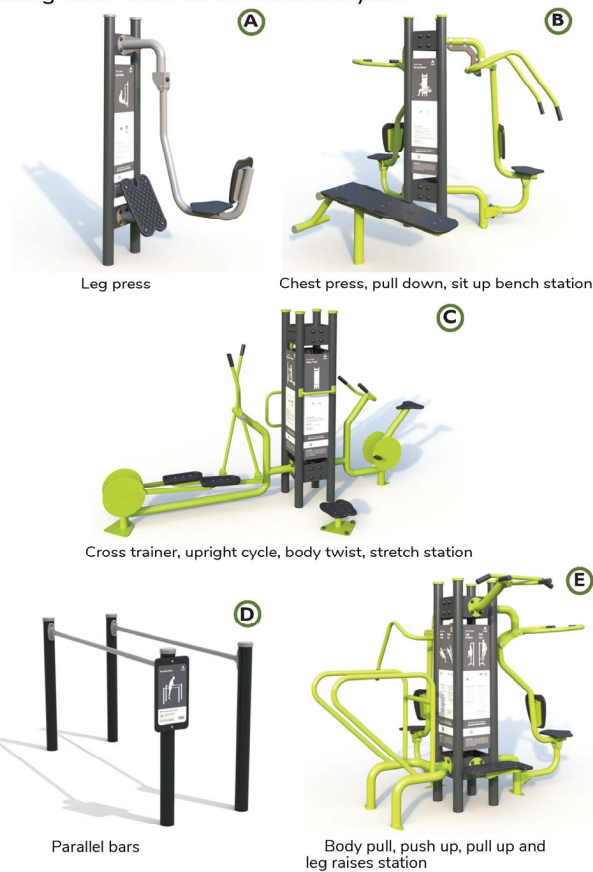
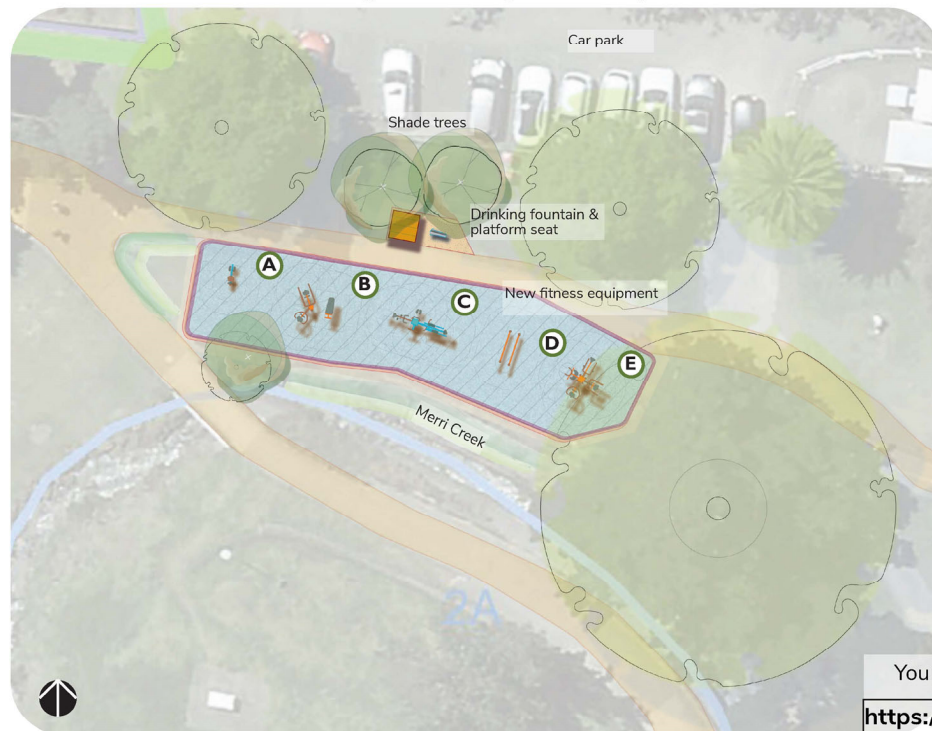
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