

Plan Safe Events in Hot Weather



Running activities or events in hot weather? Here are key tips to help manage risks and keep everyone safe:

Plan ahead

- Consider if participants such as babies, older people, pregnant people, or people with chronic health conditions such as heart or kidney issues, may be at risk. Also consider how they are traveling to and from the event.
- Check the weather forecast for your event. On days with a heatwave forecast or heat health alert consider rescheduling outdoor events. For weather forecasts, visit
 - Bureau of Meteorology (www.bom.gov.au)
 - Department of Health (www.health.vic.gov.au)
- Host events earlier in the day to avoid the hottest times of the day.
- Consider if your activity requires physical exertion.
- Ensure reliable air conditioning and ventilation at your venue. Many community buildings in Merri-bek are older so may only have ceiling fans or older air conditioning and heating systems. Some of our venues that have air conditioning are:
 - Brunswick Town Hall
 - Coburg North Meeting Room
 - Coburg Senior Citizens Centre
 - Fawkner Meeting Room
 - Glenroy Community Hub
 - Gowanbrae Community Centre
 - Newlands Senior Citizens Centre
 - Oxygen Youth Space
 - Pascoe Vale Senior Citizens Centre
 - Sussex Neighbourhood House meeting rooms and Pascoe Vale Pool Hall

Visit our website for bookings:
www.merri-bek.vic.gov.au/venues

Keep everyone safe

- Provide or inform people on the availability of drinking water.
- Check in with people during the event, if they are feeling hot or experiencing heat stress or other symptoms. Stay connected with attendees for updates before and after the event.
- For groups that meet regularly, you can encourage participants to carpool and help each other with transport. Check on those that are unable to come and who have stayed home on a hot day.
- Follow the Department of Health advice *How to cope and stay safe in extreme heat*. Encourage people to practice SunSmart (www.sunsmart.com.au) behaviours.

Stay safe, stay cool, and enjoy your events!

Speak with us in your language

For more information visit merri-bek.vic.gov.au/your-language

Per maggiori informazioni nella tua lingua, chiama il numero **9280 1911**

اپنی زبان میں مزید جاننے کے لیے
9280 1917 پر کال کریں۔

如需了解更多您语言版本的信息, 请致电 **9280 0750**

अपनी भाषा में अधिक जानने के लिए, **9280 1918** पर कॉल करें

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तपाईंको भाषामा थप जान्नको लागि,
9280 1910 मा कल गर्नुहोस्

Para saber más en tu idioma llama al **9280 1916**

To speak with us in a language not listed here, please call **9280 1919**

لمعرفة المزيد بلغتك، اتصل
بالرقم **9280 1913**

Kendi dilinizde daha fazla bilgi edinmek için **9280 1914**'ü arayın

Để tìm hiểu thêm bằng ngôn ngữ của bạn, hãy gọi **9280 1915**